



#### Public Health Training Centers- Overview and Updates

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# Local Public Health Institute of Massachusetts

Yankee Conference September 21, 2023

### **About LPHI**

We are a comprehensive, convenient resource for public health trainings to support a skilled local public health workforce.

#### Who We Serve

- Staff and members of the 351 local boards of health in Massachusetts
- Staff at the state level on topics that require state/local partnerships
- 3 Students pursuing local public health careers

4 Members of the regulatory community



# **Types of Trainings**



**Environmental Health** 



**Behavioral Health** 



**Emergency Preparedness** 



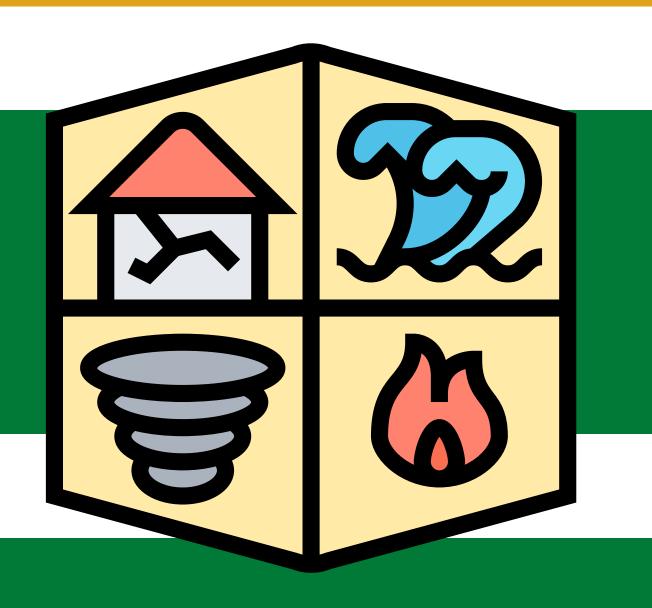
Leadership and Communication

# **Training Utilization**

#### **Top 10 Trainings**

Course Title	Number of Participants
Orientation to Local Public Health	476
Dealing with Stress in Disasters: Building Psychological Resilience	247
Health Promotion and Health Equity	228
Tanning Facilities for Regulators and Operators	222
What is Public Health?	189
Safety: Practical Strategies While Doing Field Work	179
Opioid Epidemic & Substance Use Disorder: A Primer for MA Boards of Health	170
Hoarding: A Special Housing Topic	168
Public Health Law and Legal Issues in Massachusetts	164
Food Protection Program for Regulators	160

# Dealing with Stress in Disasters



- Summarize the effects of stress on health
- Identify the types of compassion fatigue, risk factors, & coping strategies
- List attributes of psychological resilience & individual coping strategies

# Health Promotion and Health Equity



- Describe the Healthy People initiative & leading health indicators
- Detail three health promotion strategies
- Name four ways you can support health equity in your community

# **Essentials of Data Visualization for Public Health**



- Name & describe common types of data projects
- Select appropriate methods for starting & completing different data projects
- Recognize common errors to avoid when working with data

# Racial Equity and Inclusion OYT Trainings

This year, we worked with the Activist Lab at BUSPH to develop a tool to review our entire catalog of over 50 self-paced trainings for representation of racial equity, diversity, and inclusion.





#### **THANK YOU**

Ojaswini (Wini) Bakshi, MA, MPH Program Manager

Kathleen MacVarish, MS, REHS, RS Instructional Designer

**Alyssa Faria, MPH**Training Manager

**Olivia Stenger, BA**Program Assistant

https://sites.bu.edu/masslocalinstitute







# New England Public Health Training Center

Yankee Conference September 21, 2023

### **About NEPHTC**

- We deliver a wide range of training programs and services that strengthen the public health workforce.
- We engage public health and communitybased agencies across New England via partnerships with community organizations in each state.



### **Our Regional Partners**

MA

- Boston Public Health Commission (BPHC)
- Local Public Health Institute (LPHI)
- School Health Institute for Education and Leadership Development (SHIELD)

RI

- Rhode Island Public Health Institute (RIPHI)
- Rhode Island Department of Health (RIDOH)

CT

Yale University

NH

- Southern New Hampshire Area Health Education Center (SNH AHEC)
- New Hampshire Public Health Association (NHPHA)

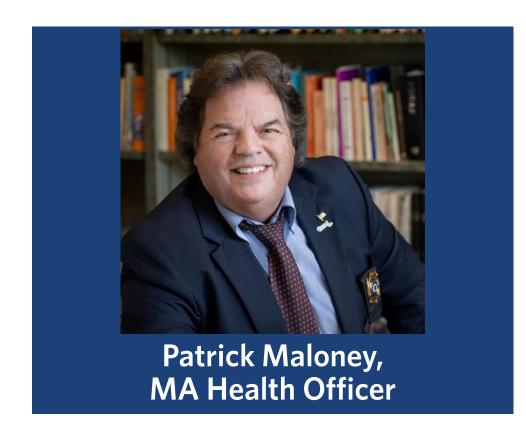
VT

 Vermont Public Health Institute (VTPHI)

ME

- Maine Public Health Association (MPHA)
- University of New England

### Our Advisors













# Public Health Training Center Network

6 SOUTH CENTRAL PHTC Tulane University

Arkansas, Louisiana, New Mexico, Oklahoma, Texas

7 MIDWESTERN PHTC University of Iowa

Iowa, Kansas, Missouri, Nebraska

8 ROCKY MOUNTAIN PHTC University of Colorado

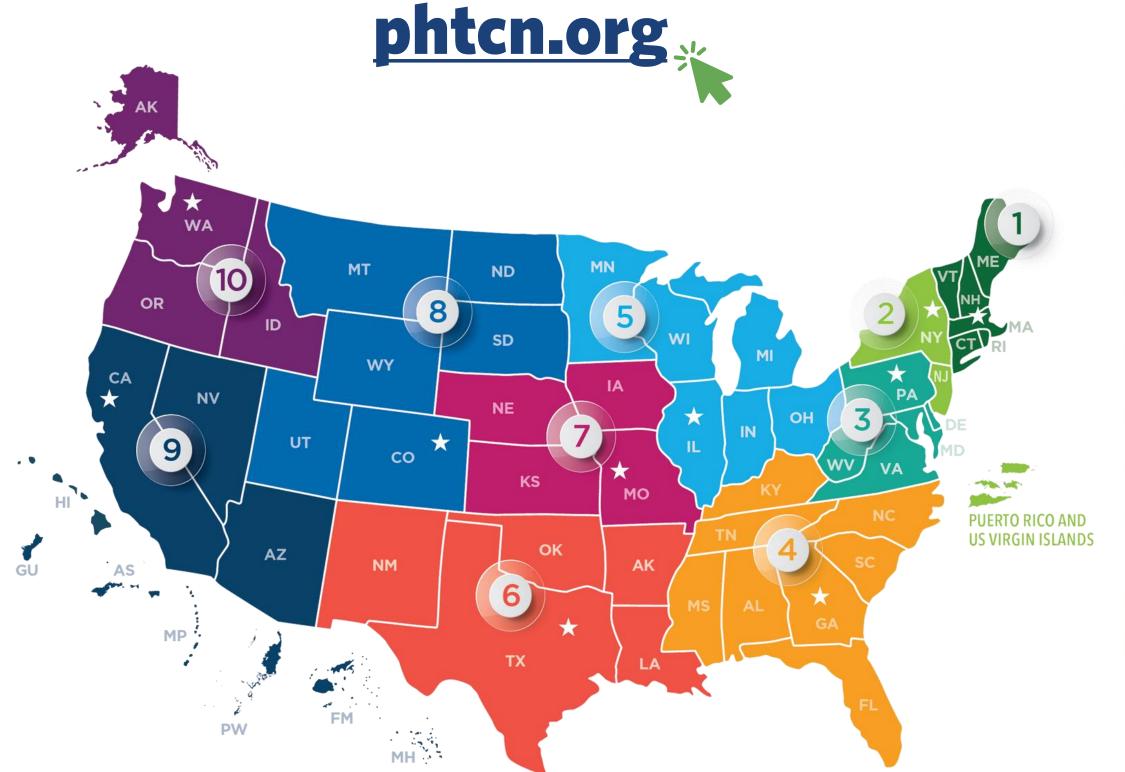
Colorado, Montana, North Dakota, South Dakota, Utah, Wyoming

WESTERN REGION PHTC
University of Arizona

Arizona, California, Hawaii, Nevada, U.S. Affiliated Pacific Islands

10 NORTHWEST PHTC University of Washington

Alaska, Idaho, Oregon, Washington



1 NEW ENGLAND PHTC
Boston University

Connecticut, Maine, Massachusetts, New Hampshire, Rhode Island, Vermont

2 REGION 2 PHTC Columbia University

New Jersey, New York, Puerto Rico, U.S. Virgin Islands

3 PHTC
University of Pittsburgh

Delaware, District of Columbia, Maryland, Pennsylvania, Virginia, West Virginia

REGION IV PHTC Emory University

Alabama, Florida, Georgia, Kentucky, Mississippi, North Carolina, South Carolina, Tennessee

REGION V PHTC
University of Michigan

Illinois, Indiana, Michigan, Minnesota, Ohio, Wisconsin

## Student Stipend Program

### Need funding?



NEPHTC provides stipends of \$3,500 to 27 students per year for field placements & faculty-student collaborative projects throughout New England.



#### Sarah Slater-Sosa Southern New Hampshire University

Sarah's project with North Country Health Consortium was a population-based intervention to increase access to the outdoors by improving the 400-acre school property with a specific focus on incorporating nature, physical activity, and social-emotional well-being into the daily lives of children and community.

#### Victoria Adewumi Johns Hopkins University

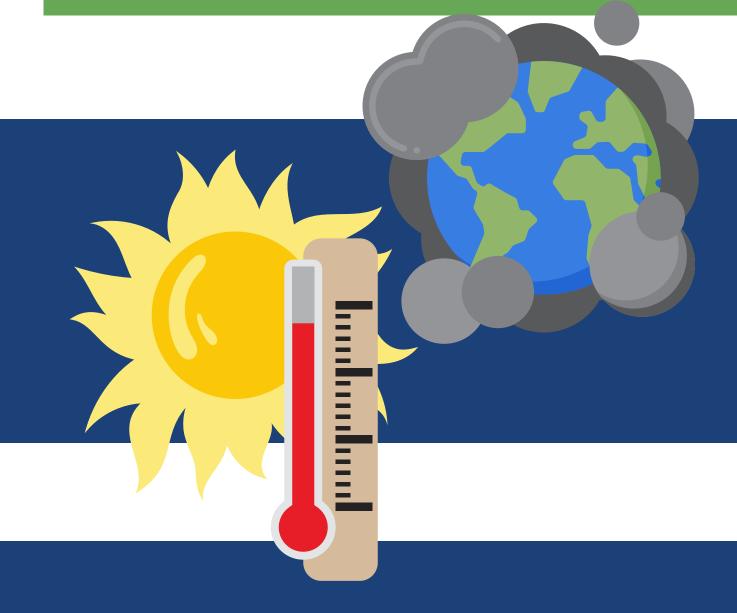
Victoria served as a Community Health
Worker with the City of Manchester NH
Health Department. Her project centered on
conducting an analysis of school-based
opportunities for Community Health Workers
to facilitate adolescent health in the school
environment and to create a findings report
of survey data.



#### Mackenzie Amadei University of New England

Mackenzie's project with Maine Public Health Association (MPHA) focused on performing statistical analysis of the Maine Public Health Workforce Survey data and creating a report. She compiled recommendations, a fact sheet, and a presentation for the MPHA Annual Meeting in October 2022.

Environmental Exposures and Health at the Local Level: Extreme Heat & Air Pollution



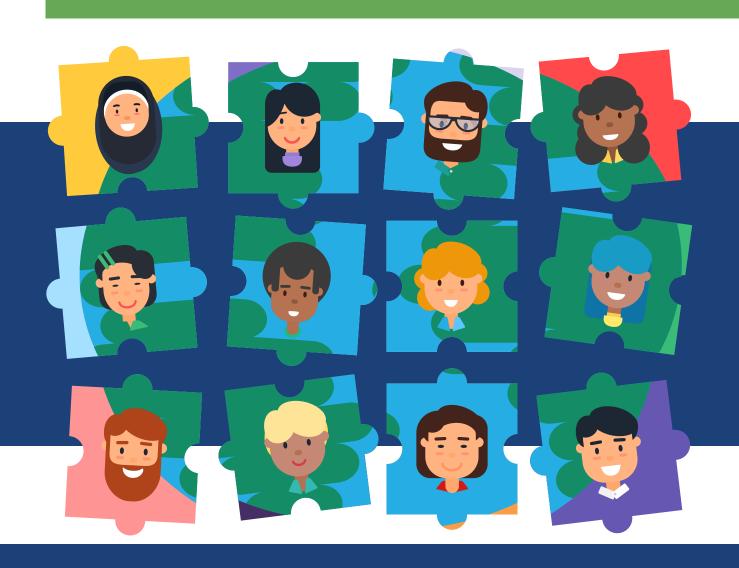
- Identify facilitators & barriers when communicating environmental health risks
- Discuss relevant environmental health policy & regulatory applications
- Explain key environmental health concepts, risk factors for various environmental exposures, & community-engaged approaches

Introduction to Zoonoses and Vector borne Diseases and their Drivers



- List key environmental drivers that impact zoonotic and vectorborne disease
- Explain how agricultural systems influence zoonotic and vectorborne diseases
- Explain how land use & ecosystem disruption can impact zoonotic and vectorborne diseases

Our Voice: Harnessing Local Expertise to Create Healthier Communities



- List specific strategies for community members to create local change "from the bottom-up"
- Describe the importance of data in advocating for community-level change
- Assess the applicability of the Our Voice citizen science approach to a range of communitybased efforts

#### **THANK YOU**

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**Olivia Stenger, BA**Program Assistant

https://sites.bu.edu/nephtc



#### **THANK YOU**

All of our partners at the LPHI and the NEPHTC

Students involved in the work being done at LPHI and NEHPTC

Our funders (DPH and HRSA)

The members and organizers of MEHA





# Questions?

# Feel free to ask any questions you have!







