



Amtrak Public Health

Sustainability & Culinary Cues

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Safety and Security Briefing



Emergency Preparedness

Our physical address is _____

Who will call 911, and who is their backup?

Who is CPR/AED qualified?

Know the location of emergency equipment.



Evacuation

Communicate the need to evacuate.

Follow the Facility Emergency Plan (FEP).

Know your evacuation plan/ route & muster point.

Assist those who may need help evacuating.

Wait for permission to re-enter the facility.



Safety Reporting

Proactively identify & report unsafe conditions or behaviors.

Use AVSRS through the Safety page on All Aboard or download the Enablon Go mobile app.

Report all safety concerns.

Questions contact Systemsafety@amtrak.com



Health and Wellbeing

Take healthy actions:

Physical Activity

Healthy Nutrition

Adequate Sleep

Mental Well-being

Stay up to date with preventive services.

Take time to refresh & recharge.



Security

If You See Something, Say Something®. Call 800-331-0008 / text 27311.

Active Shooter: Run, Hide, Fight.

Always be aware of surroundings.

Display and verify proper ID on Amtrak property.



Cybersecurity

Pay attention to phishing traps in emails.

Don't click on links or attachments from unknown sources.

Report all suspicious email and cyber incidents to the Amtrak Service Desk:

800-772-4357 or AmtrakServiceDesk@amtrak.com

Amtrak Public Health Mission

AMTRAK PUBLIC HEALTH MISSION STATEMENT

- AMTRAK'S PUBLIC HEALTH GROUP PROVIDES GUIDANCE FOR CONTINUOUS IMPROVEMENT OF AMTRAK'S SANITATION STANDARDS. THIS EFFORT PROVIDES PASSENGERS AND EMPLOYEES THE HIGHEST QUALITY OF SANITATION POSSIBLE AND PROMOTES A GREENER, HEALTHIER ENVIRONMENT ON AMTRAK TRAINS, STATIONS AND FACILITIES. THIS IS ACCOMPLISHED BY PARTNERING WITH AMTRAK DEPARTMENTS AND FEDERAL REGULATORY AGENCIES.



Amtrak Public Health

- Reports to the Assistant Vice President of Safety, Health & Environmental
- Staff of 5 inspectors/auditors covering entire network
 - ✓ 1 Director
 - ✓ 1 Administrator
 - ✓ 5 Senior Public Health Specialists (Inspectors/Auditors)
- Amtrak Medical Director available for technical guidance

Purpose of Amtrak Public Health Department

1. Monitor Federal Regulatory Standards issued by U.S. Public Health Service (PHS) Act:
 - Interstate Travel Program (ITP) regulated by U.S. Food & Drug Administration (FDA)
 - Safe Drinking Water Act (SDWA) regulated by U.S. Environmental Protection Agency (EPA)
 - Recently, FDA Food Safety Modernization Act (FSMA) regulated by FDA to implement preventive measures of eliminating **foodborne illnesses** (FBIs).
2. Conduct Public Health Inspections, Audits, Surveys, and FBI Investigations on Rolling Stock & Amtrak Facilities.

Interstate Carrier Conveyance Program

- Administered by USEPA as part of the SDWA & NPDWR
- Requires all passenger conveyance compliance (Railroad, Watercraft, Bus & Aircraft)
- Water samples required every 3-years (Total Coliform, E.coli)
 - *2024 – will require new standards annually*
- Significant penalties for non-compliance
- Requires routine drain & fill and disinfect & flush maintenance (60/90/120 days)

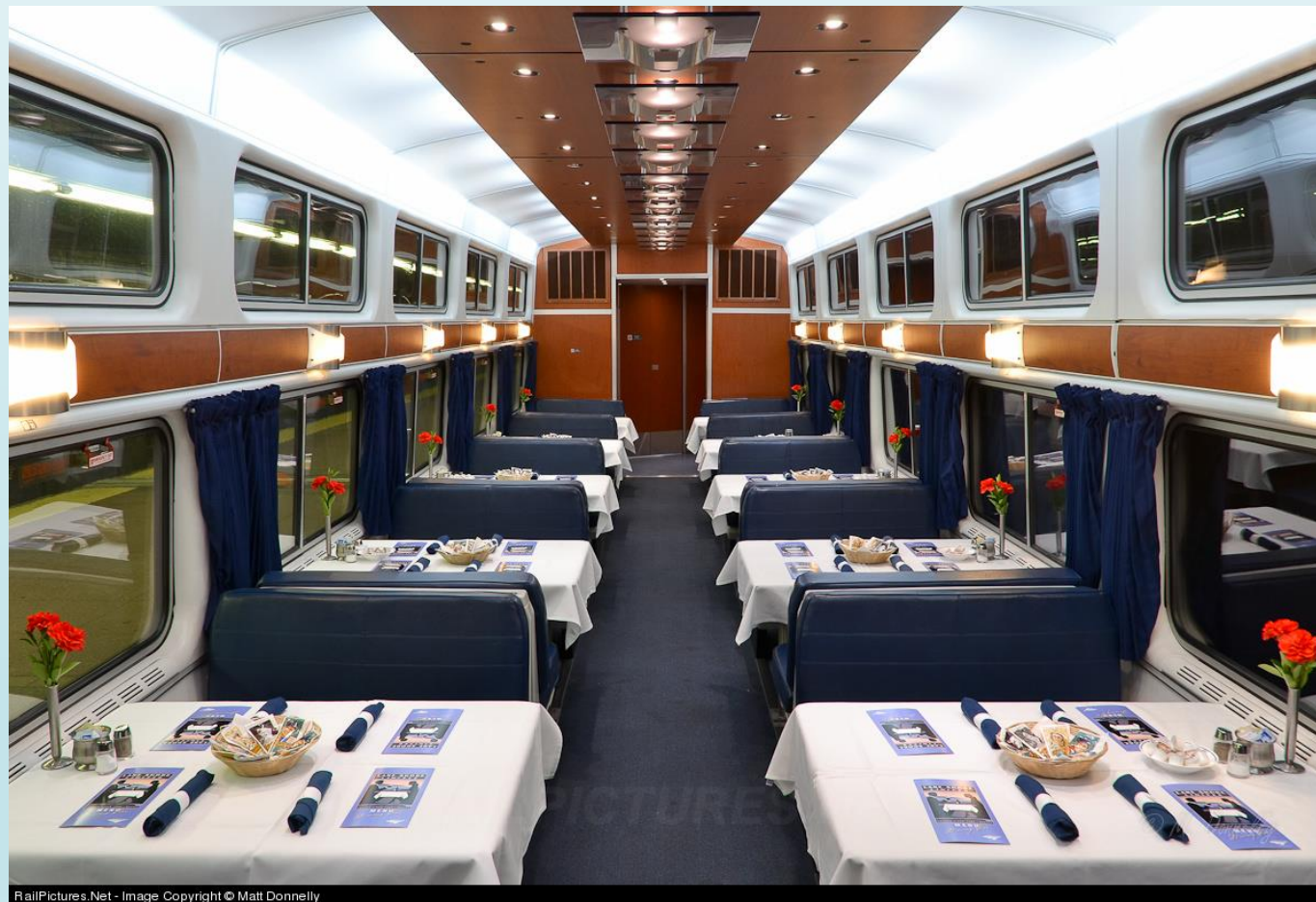
Trains

- On Board Services are responsible for maintaining FDA Food Code Regulations and the safe and pleasant preparation and presentation of food to our customers
- Chefs and food specialists prepare the food in dining cars
- Service Attendants take orders and deliver the food
- All food workers are responsible for food safety
 - ✓ Temperature monitoring
 - ✓ Dishwashing-sanitization verification through thermolabels
 - ✓ Proper thawing of foods
 - ✓ Proper preparation of food
- A pre-departure checklist to helps to ensure compliance



Dining Car

- Provides a full-service dining option for passengers
- Product is generally sous-vide and heated to specified temperature for service
- No complex preparation



Lounge Car

- Provides quick service “snack” options for passengers
- Products include RTE and microwaveable foods
- One Lead Service Attendant (LSA) runs operation

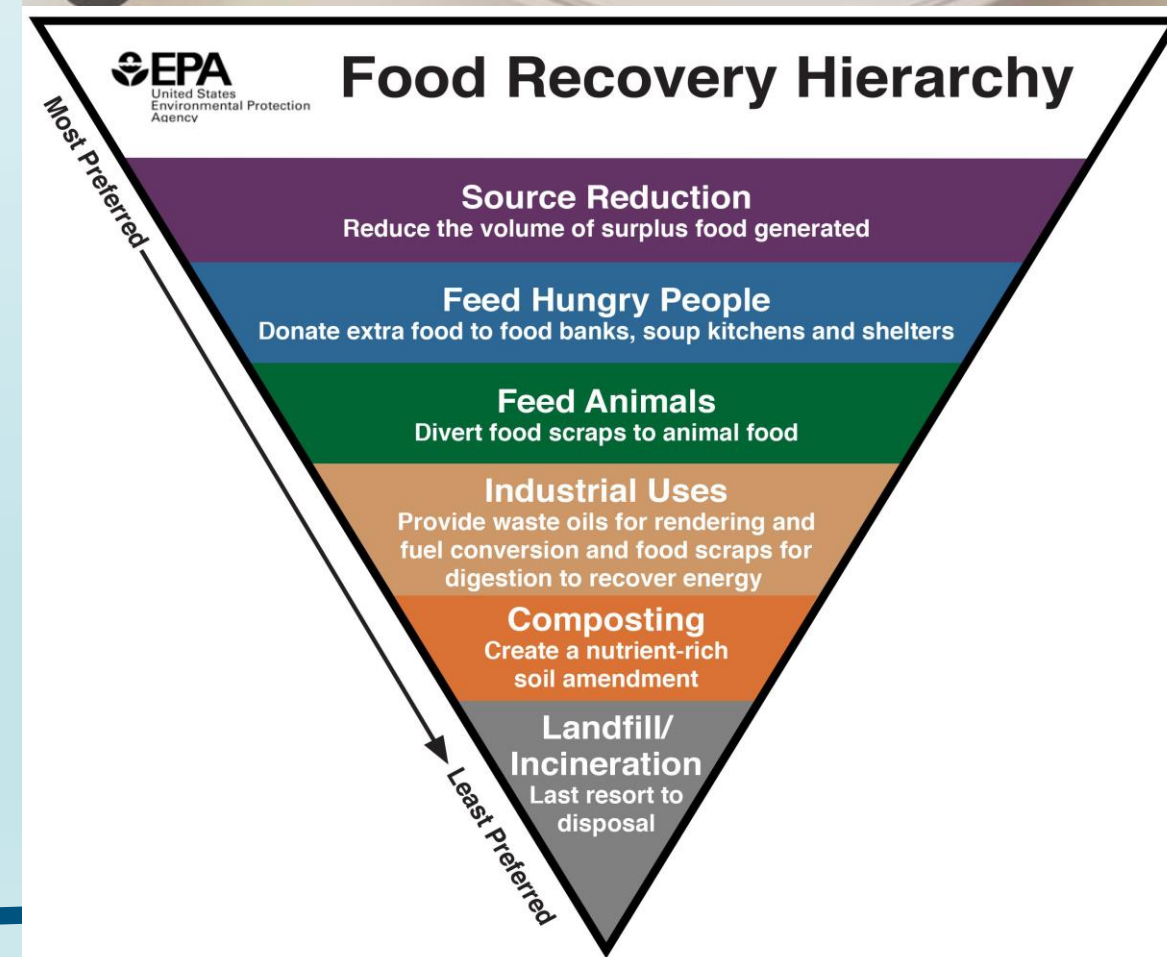


Evolution of the Supply Chain






Sustainability & Culinary

- Food Waste Reduction
- Environmental Impact
- Promoting Diversity through Hiring
- Emissions
- Packaging
- Employee Health & Safety



Sustainability Preferences



	Gen Z	Millennial	Gen X	Boomer+
 Will go out of the way to find a place that is trying to be more sustainable.	25%	25%	20%	14%
 Willing to dine at a place that is trying to be sustainable, but I will not go out of my way to find it.	70%	71%	74%	81%
 Would prefer not to dine at a place that is trying to be sustainable.	5%	4%	6%	5%

Sustainability Today & Tomorrow

- Upcycled Food & Food Products
- Carbon Labeling
- Food As Medicine
- Plant Based & Cell Based Protein Innovations
- Prioritizing ESG & Marketing
- Automation & Robotics
- Local & Regional Foods
- Packaging

Robotics

