Promoting Food Donation, Recycling, and Food Scraps Diversion in Health Inspections

MEHA

May 18, 2021





FREE ASSISTANCE FOR BUSINESSES & INSTITUTIONS

RecyclingWorks MA is funded by MassDEP, delivered under contract by the Center for EcoTechnology

recyclingworksma.com

MASSACHUSETTS WASTE BANS

Commercial food waste (1 ton/week threshold, proposed reduction to .5/ton)

Cardboard & paper

Metal, glass, and plastic containers

Construction & demolition materials

Yard waste

recyclingworksma.com/waste-bans-and-compliance/

White goods



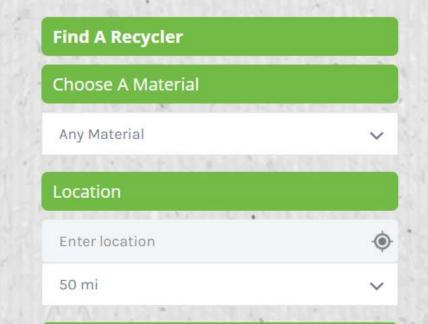


The following list includes RecyclingWorks in Massachusetts webpages and documents that businesses and institutions most commonly reference. Additional guidance and resources not listed on this page can be found through the website menus.

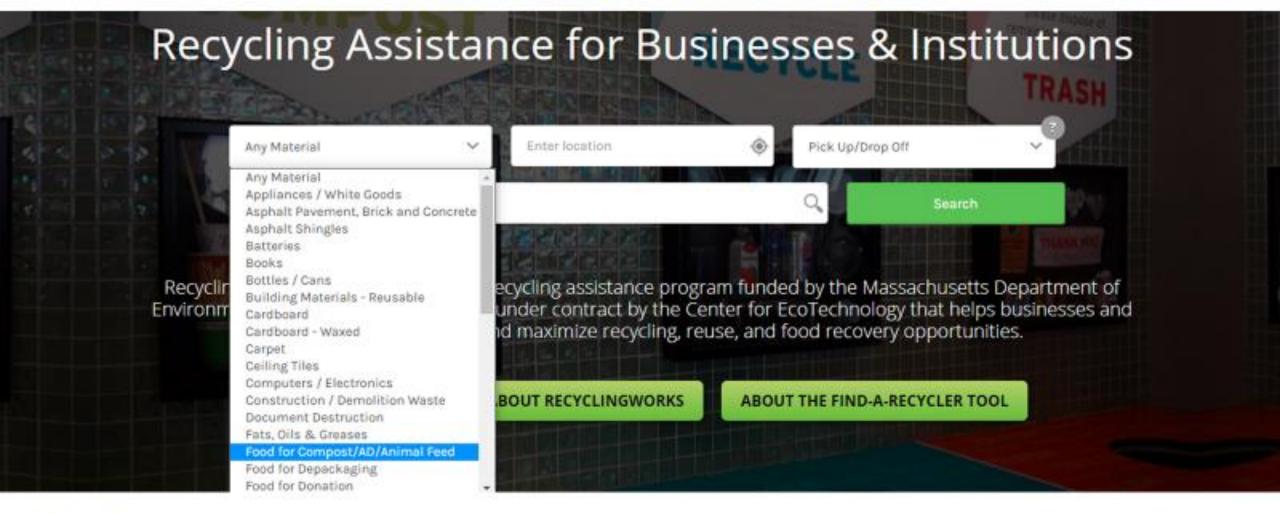
General Program Resources

- Find-a-Recycler
- Case Studies
- Technical Assistance for Businesses and Institutions





FIND-A-RECYCLER TOOL







What Is Technical Assistance?

Evaluate existing waste streams

Identify opportunities to prevent, recover, and divert waste

Empower employees through education and training

Create customized waste bin signage

Conduct cost analysis

Currently offering remote and in-person assistance



You may be thinking about...

APPROACHES TO ADDRESS WASTED FOOD



Food Recovery Hierarchy

www.epa.gov/foodrecoverychallenge

Source Reduction

Reduce the volume of surplus food generated

Feed Hungry People

Donate extra food to food banks, soup kitchens and shelters

Feed Animals

Divert food scraps to animal feed

Industrial Uses

Provide waste oils for rendering and fuel conversion and food scraps for digestion to recover energy

Composting

Create a nutrient-rich soil amendment

Landfill/ Incineration

Last resort to disposal





Restaurant Waste Ban Tip Sheet



WASTE BAN COMPLIANCE TIPS FOR RESTAURANTS

WHAT ARE WASTE BANS?

Many businesses are not aware that a number of materials are banned from disposal in Massachusetts. The Massachusetts Department of Environmental Protection (MassDEP) bans easy-torecycle materials (like cardboard) from the trash. Your municipality might have additional bylaws/ordinances or regulations requiring businesses to recycle. Your business, your waste hauler, and solid waste facilities are all responsible for complying with waste ban requirements. See the RecyclingWorks website for an overview on

www.recyclingworksma.com/waste-bans-and-compliance.

Restaurants that place banned items in the trash run the risk of solid waste facilities rejecting their waste, being charged additional fees, and receiving enforcement from MassDEP.

Businesses that receive MassDEP enforcement often already have a recycling program. However, a number of common issues can result in recyclable materials being placed in the trash, including:

- Breakdown in staff participation
- Poor signage
- . Miscommunication with hauler about what materials go in each collection container
- · Collection containers are not the right size
- · Pickup schedule not properly set
- · No backup plan for equipment failures

RECYCLING CARDBOARD

More than 80% of all MassDEP waste ban enforcement is for cardboard! Clean cardboard is a readily recyclable material with well-established markets for processing. See the RecyclingWorks website for information on how cardboard is recycled:

www.recyclingworksma.com/how-to/materials-guidance/recycling-cardboard.

Talk to your waste hauler about options for collecting cardboard for recycling, such as:

- Compactor
- Dumpster
- Carts
- Baler

Material specifications could include cardboard only, cardboard mixed with paper, or single stream (cardboard, paper, and containers). Businesses often save money on disposal fees when recycling cardboard.

Cardboard that is contaminated with food or liquid waste should not be recycled. Waxed cardboard is not a waste ban material and also should not be recycled. Restaurants that collect food scraps for composting may be able to combine soiled cardboard and waxed cardboard with the food waste. Consult your hauler to find out if this is an option.

RECYCLING BOTTLES & CANS

Next to paper, bottles and cans are the most commonlyrecycled materials in the United States. However, a 2018 study from the National Restaurant Association reveals that less than 30% of restaurants recycle these items. This category includes glass, plastic, and metal/aluminum containers. These bottles and cans, which are also banned from disposal in Massachusetts, are easily recyclable, composed of valuable materials, and have established markets and infrastructure for recycling. See the RecyclingWorks website for additional information about recycling bottles and cans:



recyclingworksma.com/how-to/materials-guidance/recycling-bottles-cans/

Discuss options for collecting these containers with your hauler. This could include mixed container collection or co-collection with paper and cardboard.

DIVERTING FOOD WASTE FROM DISPOSAL

Food material is typically the largest single component of waste generated by most restaurants and diverting this material from disposal may reduce disposal and overall operational costs. The MassDEP established a commercial organics waste ban in October 2014 which requires all businesses and institutions that generate one ton or more of food waste per week to divert that waste from disposal. Use the Food Waste Estimation Guide on the RecyclingWorks website to anticipate whether it is likely that your operations' food waste exceeds the ban threshold:

recyclingworksma.com/food-waste-estimation-guide/#Jump06.

Restaurants subject to the Massachusetts commercial organics waste ban should separate food scraps from trash and recycling. Food scrap collection strategies will vary based on a restaurant's available space, layout, and hauler requirements. Collecting scraps from prep stations using designated and frequently-emptied containers helps to reduce contamination and prevent pests or odors. In selfservice restaurants, offering consumers separate receptacles



for solid organic waste, liquid waste (such as leftover soft drinks), recyclables (such as cans and bottles), and trash (such as plastic straws or wrappers) helps empower them to become part of the solution to wasted food. See the RecyclingWorks website for more information about the array of options available to recover food waste: recyclingworksma.com/how-to/materials-guidance/food-waste-2/.

Many businesses have found that diverting their recycling and food scraps is either cost-neutral or helps save money, by reducing disposal costs. The following case studies demonstrate how diverting recycling and food scraps can help improve operations in a restaurant setting:

- Gardner Ale House Video Case Study: https://youtu.be/pjuCMumzUjg
- Northampton Brewery Written Case Study:

recyclingworksma.com/wp-content/uploads/2013/02/Northampton-Brewery.pdf

1 http://www.restaurant.org/getattachment/News-Research/Research/State-of-Restaurant-Sustainability/Sustainability_FINAL_pdf.pdf



Opportunity during Inspections

Food Establishment Inspection Report – City/Town of Page 2 of Establishment: Date: GOOD RETAIL PRACTICES AND MASSACHUSETTS-ONLY SECTIONS IN = in compliance OUT= out of compliance N/O = not observed N/A = not applicable COS = corrected on-site during inspection R = repeat violation IN OUT N/A N/O COS R Compliance Status Compliance Status IN OUT N/A N/O COS Safe Food and Water Warewashing facilities: installed, maintained, & used; test strips Pasteurized eggs used where 49 Non-food contact surfaces clean required 31 Water & ice from approved source **Physical Facilities** Variance obtained for specialized Hot & cold water available: processing methods adequate pressure Plumbing installed; proper backflow **Food Temperature Control** devices Proper cooling methods used; 33 adequate equipment for Sewage & waste water properly disposed temperature control Toilet features: properly Plant food properly cooked for hot constructed, supplied, & cleaned holdina 35 Approved thawing methods used Garbage & refuse properly disposed: facilities maintained 36 Thermometers provided & accurate Physical facilities installed, Food Identification maintained, & clean Food properly labeled; original container designated areas used Prevention of Food Contamination Additional Requirements listed in 105 CMR 590.011 Insects, rodents, & animals not Anti-choking procedures in food present service establishment Contamination prevented during M2 Food allergy awareness 39 food preparation, storage and Review of Retail Operations listed in 105 CMR 590.010 display 40 Personal cleanliness M3 Caterer M4 Mobile Food Operation Wiping cloths: properly used & stored M5 Temporary Food Establishment



Recycling Containers





Recycling Containers





Recycling Signage



CARDBOARD CARTÓN



CARDBOARD ONLY

Flattened cardboard



SOLO CARTÓN

Cartón aplastado

NO

Food-Soiled Materials Waxed Cardboard Coffee Cups Bubble envelopes





NO

Materiales con residuos de comida Cartón parafinado Taza de café Sobres de burbujas



SINGLE STREAM RECYCLING RECICLAJE DE FLUJO ÚNICO



Do not bag recyclables!

EMPTY BOTTLES& CONTAINERS

Plastic, metal, glass

Clean aluminum foil

PAPER



Liquids, food soiled materials
Plastic bags, utensils, straws
Chip bags, hot coffee cups
Tissues, napkins



¡No embolsar productos reciclables!

CONTENEDORES Y BOTELLAS VACÍOS

Plástico, metal, cristal

Papel de aluminio limpio

PAPEL



Líquidos, materiales manchados por alimentos Bolsas de plástico,

utensilios, sorbetos

Bolsas de papitas, taza de café caliente

Pañuelos de papel, servilletas

RECYCLE SMART MA RESOURCES

- Keep recycling out of the trash AND keep trash out of the recycling!
- Social media resources
- Partner Program
 - Newsletter
 - Spotlight opportunities
 - Additional print/digital resources





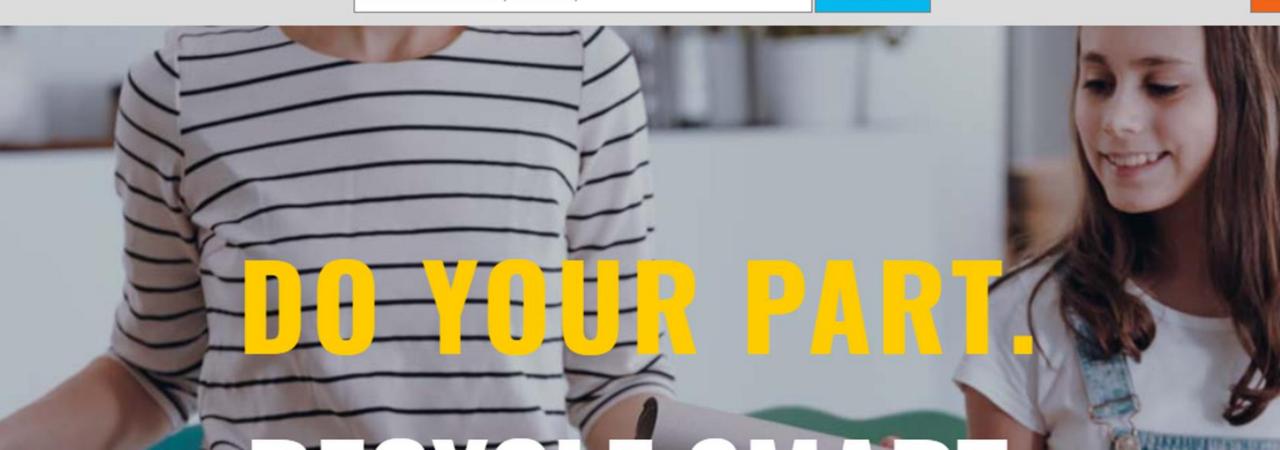


https://recyclesmartma.org/

Recyclopedia: Can I recycle it?

Enter name of item (ex. bottle)

Search







Food Scraps Source Separation Guidance

Container placement and color coding

Easily accessible and available bins

Consolidation frequency

https://recyclingworksma.com/local-health-department-guidance-for-commercial-food-waste-separation/



Food Scraps Source Separation Guidance

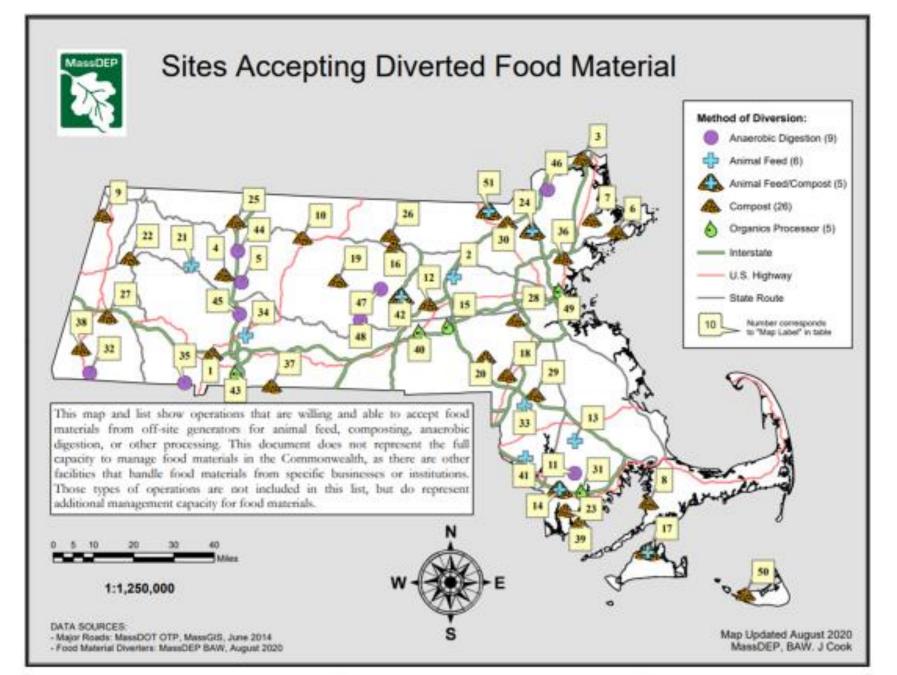
Collect for composting, animal feed, or anaerobic digestion

Dumpsters, Carts or Compactors

Collection frequency

Storage, Container Maintenance, and Cleanliness

https://recyclingworksma.com/local-health-department-guidance-for-commercial-food-waste-separation/



Food Scraps



ALL FOOD SCRAPS

Fruit & vegetable peels

Dairy, eggs, grains, bread

Meat, fish, poultry

Bones, shells



NO

Tissues, napkins, paper towels Compostableware Coffee cups, wrappers Plastic, metal, glass





Food Scraps

ALL FOOD SCRAPS & COMPOSTABLE PACKAGING

Napkins, paper towels

Compostableware

Fruit & vegetable peels

Dairy, eggs, grains, bread

Meat, fish, poultry

Bones, shells

NO

Coffee cups, wrappers Styrofoam™, plastic clamshells Plastic, metal, glass









SETTING UP A SUCCESSFUL FOOD DONATION PROGRAM

Why should my business donate?

What foods can be donated?

Building a donation program

Finding partner food rescue organizations

Food transportation

recyclingworksma.com/donate/

Food Donation

Is there leftover food that can be donated today?

DONATE

Whole fruits & vegetables

Fresh dairy, grains

Prepared foods

Food stored below 41°F or above 135°F



Call ______at today with questions or to schedule pickup! Store food in fridge located Label and keep temperature log

every minutes.

NO

Moldy, rotten, spoiled food Items past expiration date

Food not held at proper temperatures



If you can't donate it - compost it! Compost bins are located

- 1. Identify the types and amounts of food to be donated
- 2. Identify partner organizations in your area with which to work
- 3. Determine packaging, storage, and labeling requirements to ensure food safety
- 4. Determine how food will be transported as well as pick-up frequency and quantities

recyclingworksma.com/donate/

Building a donation program

Establish safety procedures to protect donated foods

Keep temperature logs

Training, signage, checklists

Share SOPs with partner organizations

recyclingworksma.com/donate/



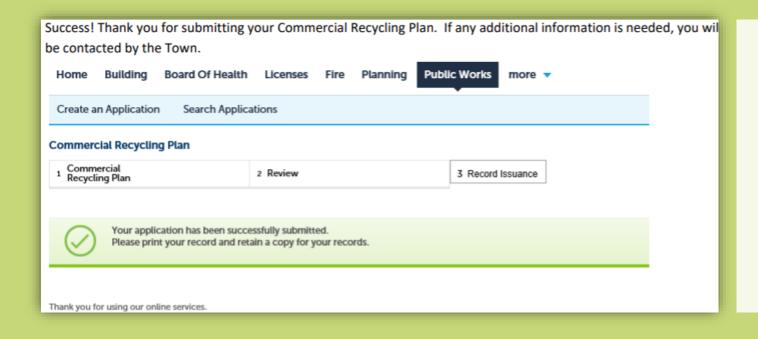
Fact Sheet for Massachusetts Food Donation: Liability Protections-July 2015

The Bill Emerson Good Samaritan Act

Date Labeling
Tax Incentives

recyclingworksma.com/donate/

Recycling Plan



Brookline Mandatory Commercial Recycling Plan submission required



Inspectional Services

Implementation Elements

Short-Term

- 1. Reduce and Reuse
 - Assist grocery stores, restaurants, cafeterias, local business and regional industry associations in expanding surplus food donation. Inspectors distribute information to food generators during on-site inspections and permit renewals. Clarify Massachusetts Food Protection Program regulations to ensure safety while supporting more donations of foods.
 - Encourage Waste Less Food training and use of food waste reduction tools such as Lean Path to save food and money.

Boston Zero Waste Initiatives May 14, 2018



Summary

Recycling – <u>MassDEP waste Bans</u> , <u>Recyclingworks Restaurant Waste Ban Tip Sneet</u> , <u>RecycleSmart</u>
☐ Cardboard & Paper-flatten
☐ Bottles & Cans, Jars & Tubs — empty
☐ No bagged recycling
Food Scrap Diversion- RecyclingWorks Food Waste Source Separation Page
☐ Prep area collection
☐ Dish scraping area collection
☐ Exterior container
Food Donation - RecyclingWorks Food Donation Page, Comprehensive Guidance for Food Recovery
<u>Programs</u>
☐ Designated collection
Mercury Management Act (MGL Chapter 21H, Sections 6A-6N)
☐ Fluorescent Bulb collection area/process



THANK YOU!

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