# Rat Control, An Issue for Food Establishments, Residents and Municipalities

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Rivard's Resources: IPM

An Environmental/Pest Management Consulting Firm

## Background

- ▶ 1966–70 USAF, Engr. Entomologist
- ▶ 1970–73 UMass/Amherst
- ▶ 1973–94 Waltham Services (Chemical)
- ♦ 91–92 President, NEPMA
- 1994 Grad Cert., Environ. Mgmt./Bentley U.
- ▶ 1994-Present, Rivard's Resources: IPM
- > 1995–2001 NEPMA, Executive Director
- > 2001 "IPM Registry" a credentialing program

### **Grants & Projects**

- Healthy Public Housing Initiative with
  - Harvard, Tufts & BU Schools of Public Health
- Healthy Homes BPHC
- Healthy Pest-Free Housing Initiative
- National Center for Healthy Housing
- Mouse Allergen & Allergy Intervention Trials (MAAIT) with Johns Hopkins, Columbia & Harvard Universities

## Our Experience

#### Major Rodent Projects:

- City of Boston Rat Control
- Harbor Island Rat Control
- Central Artery/Tunnel Rodent Control
  - Advisor
  - ❖ 1 st two contracts
- Faneuil Hall Market Place

## Rodents

- What they are
- What they eat
- Where they live
- How to think like a rodent
- Prevention and control

Also known as...
ratónes y ratas

## A few types of rodents

- Mice
- Rats
- Squirrels
- **Chipmunks**
- Woodchucks

#### What is a rodent?

#### Rodents are gnawing animals.

- Rodents gnaw to wear down their teeth and get where they want to go
- Make babies...lots and fast!
- Travel the same paths nightly, staying close to walls

## Rodent gnawing

- Start fires by chewing on wires
- Can cut anything softer than steel
- Incisors grow constantly
- Rodents need to gnaw



### Rats and Mice ID and Biology

#### Rodents are gnawing animals...

Rats	Mice
Travel 100 yds.	Live in 10 sq. feet
Drinks readily	Usually from food
Timid	Curious
Need half inch opening to enter	Need one quarter inch opening to enter

#### Mice are NOT small rats!!

## Why Are They Pests?

spiders

mites

Cockro

Centipe •Rats and mice carry scorpio many diseases and damage food & Chigger property by gnawing...

> Many fires are started by chewed wiring

#### Rodents are health hazards

- Carry infectious diseases
- May cause asthma attacks in people

who are sensitive to them

- Bite
- Damage food and property
- Can attract other pests
- Repulsive

#### Rats

- Will travel 150 feet from their nest
- Usually live outside in burrows and come inside when there is food and water

#### Rats

▶ Need ½-inch opening to enter



**Inches** 

- Very smart, cautious, and afraid of new things
- Need water every day

## Signs of Rats

- Sightings
- Noise
- Droppings
- **Nests**

- Gnaw marks
- Holes and rub marks
- Rat burrows
- Indicator pests

#### Pests associated with rodents

Found near dead animals or trash

Found near

grain stored

in the walls

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## What rats eat

## Any guesses?

## What rats eat

#### Rats are omnivorous!

- Meats & Fish
- Fruits & Veggies,
  - especially apples, potatoes
- Grains & Beans
- Cheeses, chocolate & candy

#### What rodents drink

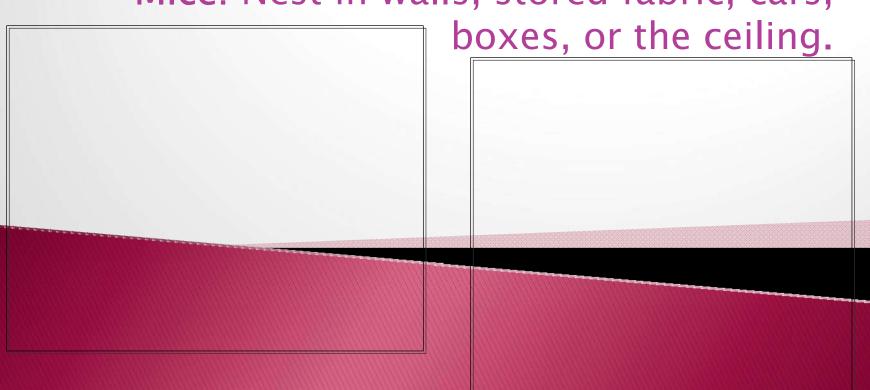
Rats drink water – lots of it

Mice can get the water they need from their food



Rats: Burrow outside, but will come in if the place is hospitable.

Mice: Nest in walls, stored fabric, cars,



## Typical Local Housing Code

- All structures shall be kept free from insect and rodent infestation.
- All structures in which insects or rodents are found shall be promptly managed by approved processes that will not be injurious to human health.
- Proper precautions shall be taken to prevent reinfestation.

You must comply with local housing codes .... AND HUD's standards.

#### Got rats? Now what?

- There is not one answer.
- First find out:
  - Rat or mouse?
  - How many?
  - Where?
- Then use solutions that provide:
  - Most effective prevention and control
  - Compatibility with people, pets, and other control measures

Everyone must be involved!

#### Document all observations

One IPM log in each site, neighborhood, situation, etc.

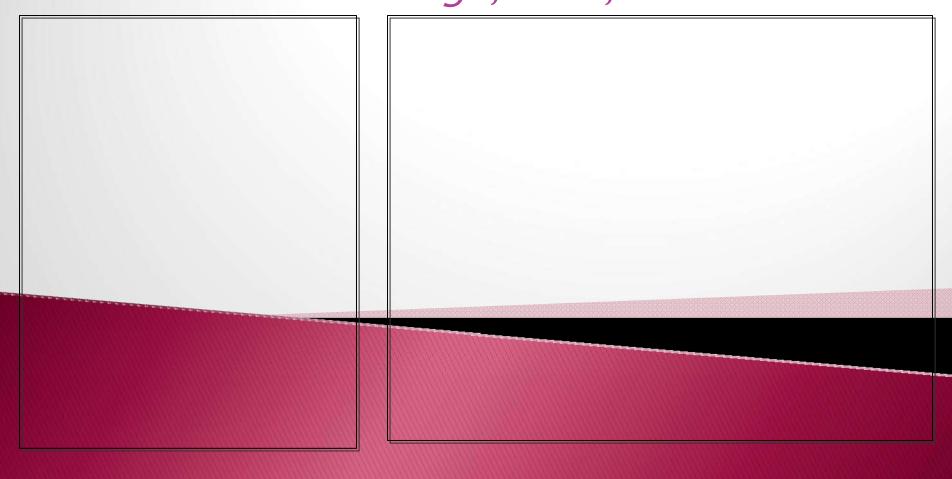
#### Record:

- The date
- detailed facts & observations
- action taken
- Follow-up needed/taken

Make sure action is taken promptly.

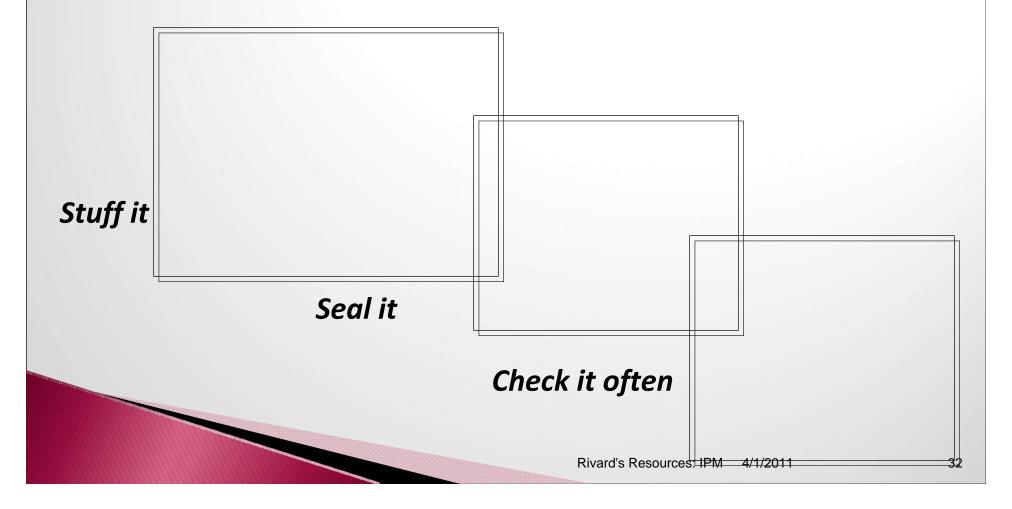
## Prevention and control: Sanitation

Eliminate harborage, food, and water



## Prevention and control: Exclusion

- ¼ inch or more could let in a mouse
- ▶ ½ inch or more could let in a rat



## Prevention and control: Traps

- Effective and reusable
- More ARE better!
- Check often
- Placement is key!

Trap jumped from the wall when

## Placement is key!

Against the wall, where rodents travel (edge of trap must not touch the wall)

## Prevention and control: Targeted chemical use

#### The label is the law!

<u>All</u> rodenticide labels require "tamper-resistant stations or placement inaccessible to children, pest and domestic wildlife".

An open tamper-proof bait station

## EPA PR Notice 83-5 Eight "Tamper-Proof" Criteria

- Lockable
- Securable
- Anchorable
- Not an "attractive nuisance"

- Appropriate Entrances (size)
- Internal baffles
- Weatherresistant
- Displays Precautionary Statement

### Rodent Baits - Anticoagulants

#### 1st Generation:

- Warfarin (Decon®)
- Diphacinone\*
- Chlorophacinone\*Dust formulation
- Pival
  - Liquid formulation

#### Characteristics:

- Repeated doses
- ▶ 5 10 days or more
- Developed during WWII
- Genetic resistance in some locations
- Antidote Vitamin H<sub>1</sub>

### Rodent Baits - Anticoagulants

#### 2<sup>nd</sup> Generation:

- Brodifacoum (Talon®, Final®)
- Bromadiolone (Contrac®, Maki®)
- Difethialone (Generation®)

#### Characteristics:

- Single dose or more
- ▶ 4 –8 days
- Kills warfarinresistant rodents
- Introduced in the 1970's
- Antidote Vitamin H<sub>1</sub>

#### Rodent Baits - Non-Anticoagulants

- Bromethlin (Fastrac®, Vengeance®)
  - Single dose
  - Tissue edema
- Cholecalciferol (Quintox®)
  - 1−3 feedings
  - Hardening of the arteries

- Zinc Phosphide (ZP)
  - Single Dose
  - Kills quickly (6– 10 hrs.)
  - Bait shyness
  - Pellets & Dust formulations

#### Rodent Bait Formulation

Conventional:

- Meal
- Whole Grain
- Seed
- Pellet
- Wax Block

Non-conventional:

- Liquid
- Dust (aka tracking powder)

#### Don's 2 Cents for Cities & Towns

## Dumpsters & Compactors

- Require "licensing" of each box
- ▶ IF Owners & Phone
- Inspect frequently for quality assurance
- Charge appropriate fee

## Demolition & New Construction

- Require rodent plan
- Prior to & during construction
- Check periodically for performance
- Charge appropriate fee

## Contemporary Reference

"RATS: OBSERVATIONS
ON THE HISTORY &
HABITAT OF THE CITY'S
MOST UNWANTED
INHABITANTS"

ROBERT SULLIVAN, 2004

## Contemporary Reference

## "Vertebrate Pest Handbook"

By AUSTIN M. FRISHMAN, PhD 1999

### Reference Materials

#### Reference Materials



Integrated Pest Management Kit For Building Managers

HOW TO IMPLEMENT AN INTEGRATED PEST MANAGEMENT PROGRAM IN YOUR BUILDING(S)











MASSACHUSETTS DEPARTMENT OF FOOD AND AGRICULTURE PESTICIDE BUREAU